

IN THE CLAIMS

1. (Currently Amended) An aquatic exercise device comprising:
a dome-shaped bell having an apex opening opposite an opening apex of the dome-shaped bell and ~~having a bell axis extending through the apex and a center of the~~
opening plurality of apertures extending between an interior and an outer surface of the dome-shaped bell and configured to allow water flow when the device is moved through water; and
a handle connected to ~~an~~the interior of the dome-shaped bell and extending from the apex through the opening, ~~the handle having a handle axis non-perpendicular to the bell axis.~~
2. (Currently Amended) An aquatic exercise device in accordance with claim 1, further comprising:
a plurality of fins symmetrically arranged along ~~an~~the outer surface of the dome-shaped bell.
3. (Original) An aquatic exercise device in accordance with claim 2, wherein the handle axis is parallel to the bell axis.
4. (Original) An aquatic exercise device in accordance with claim 3, wherein the handle axis coincides with the bell axis.
5. (Currently Amended) An aquatic exercise device in accordance with claim 1, wherein at least a portion of the handle is outside of the interior of the dome-shaped bell:
~~_____ a handle angle between the handle axis and the bell axis is between zero and 90 degrees.~~
6. (Currently Amended) An aquatic exercise device in accordance with claim 4, ~~further comprising a plurality of apertures extending between an interior and an outer surface~~5,
wherein the handle comprises two handgrips outside the interior of the dome-shaped bell and configured to allow water flow when the device is moved through water.

7. (Currently Amended) An aquatic exercise device in accordance with claim 4, 6, wherein ~~at least a portion of the handle is outside of an interior of the dome-shaped bell.~~ a handle angle formed between the handle axis and the bell axis is between zero and ninety degrees.

8. (Currently Amended) An aquatic exercise device in accordance with claim 7, wherein ~~the handle comprises two handgrips outside the interior of the 1,~~ further comprising another dome-shaped bell connected to the handle opposite the single dome-shaped bell.

9. (Currently Amended) An aquatic exercise device in accordance with claim 8, wherein ~~a handle angle formed between the handle axis and the bell axis is between zero and ninety degrees.~~ the handle axis and the bell axis coincide with another bell axis of the another dome-shaped bell, the another bell axis extending from an apex of the another dome-shaped bell to a bell opening of the another dome-shaped bell.

10. (Currently Amended) An aquatic exercise device in accordance with claim 4, ~~further comprising another dome-shaped bell connected to the handle opposite 2,~~ wherein the plurality of fins includes at least longitudinal two fins extending from the apex to the opening of the single dome-shaped bell.

11. (Currently Amended) An aquatic exercise device in accordance with claim 10, wherein ~~the handle axis and the bell axis coincide with another bell axis of the another dome-shaped bell, the another bell axis extending from an apex of the another dome-shaped bell to a bell opening of the another dome-shaped bell.~~ plurality of fins further includes a transverse fin extending between pairs of the at least two longitudinal fins.

12. (Currently Amended) An aquatic exercise device comprising:
a first dome-shaped bell having a first outer surface, a first plurality of apertures, in the first outer surface, and a first plurality of fins symmetrically arranged along the first outer surface;

a second dome-shaped bell having a second outer surface, a second plurality of apertures; in the second outer surface, and a plurality of fins symmetrically arranged along the second outer surface; and

a handle having a first end connected to a first an interior of the first dome-shaped bell through a first bell opening and a second end connected to a second interior of the second dome-shaped bell through a second bell opening.

13. (Previously Presented) An aquatic exercise device in accordance with claim 12, wherein a handle axis coincides with a first bell axis and a second bell axis, the first bell axis extending through a center of the first bell opening through a first bell apex opposite the first bell opening and the second bell axis extending from a center of the second bell opening to a second bell apex of the second dome-shaped bell.

14. (Currently Amended) An aquatic exercise device in accordance with claim 13, ~~further comprising a~~ wherein the first plurality of fins includes at least two first longitudinal fins extending from the first bell apex to the first bell opening of the first dome-shaped bell, and a wherein the second plurality of fins includes at least two second longitudinal fins extending from the second bell apex to the second bell opening of the second dome-shaped bell.

15. (Currently Amended) ~~A method of aquatic exercise comprising:~~
~~_____ grasping an aquatic exercise device with both hands; and~~
~~_____ maintaining the aquatic exercise device at a selected distance from a~~
~~torso while rotating an upper body to move the aquatic exercise device through water, the~~
~~aquatic exercise device comprising:~~
~~_____ a first dome shaped bell having a first plurality of apertures;~~
~~_____ a second dome shaped bell having a second plurality of apertures; and~~
~~_____ a handle having a first end connected to a first interior of the first dome shaped~~
~~bell through a first bell opening of the first bell and a second end connected to a second interior~~
~~of the second dome shaped bell through a second bell opening of the second bell. An aquatic~~
~~exercise device in accordance with claim 14, wherein the first plurality of fins includes at least~~
~~one first transverse fin extending between pairs of the first longitudinal fins, and wherein the~~
~~second plurality of fins includes at least one second transverse fin extending between pairs of~~
~~the second longitudinal fins.~~

16. (Currently Amended) ~~A method of aquatic exercise in accordance with claim 15,~~
~~wherein a handle axis of the handle coincides with a first bell axis and a second bell axis, the~~
~~first bell axis extending through a center of the first bell opening through a first bell apex~~

~~opposite the first bell opening and the second bell axis extending from a center of a the second bell opening to a second bell apex of the second dome-shaped bell. An aquatic exercise device comprising:~~

~~a dome-shaped bell having an opening opposite an apex of the dome-shaped bell, and further having a plurality of apertures extending between an interior and an outer surface of the dome-shaped bell and configured to allow water flow when the device is moved through water;~~

~~a weight embedded in the apex of the dome-shaped bell; and~~

~~a handle connected to the interior of the dome-shaped bell and extending from the apex through the opening such that at least a portion of the handle is outside of the dome-shaped bell.~~

17. (Currently Amended) ~~A method of aquatic exercise in accordance with claim 16, wherein the aquatic exercise device further comprises a first plurality of fins extending from the first dome-shaped bell and a second plurality of fins extending from the second dome-shaped bell. An aquatic exercise device in accordance with claim 16, wherein the handle is configured to simulate a baseball bat.~~

18. (New) An aquatic exercise device in accordance with claim 16, wherein the handle is configured to simulate a tennis racquet.

19. (New) An aquatic exercise device in accordance with claim 16, wherein the handle is configured to simulate a golf club shaft.

20. (New) An aquatic exercise device in accordance with claim 16, further comprising:

a plurality of fins symmetrically arranged along the outer surface of the dome-shaped bell.